

Allergen information

Symbol	Meaning
X	Allergen contained in the product
~	May contain: The allergen is present at the manufacturing site of the ingredients and could contaminate the ingredient

All food is freshly prepared in our kitchen and although we have controls in place to minimize cross-contamination, many allergens are handled in the restaurant and we cannot guarantee that our food is allergen-free or suitable for people with allergies. Our vegan items are made using vegan recipes, however, they are not suitable for those with dairy and egg allergies.

	Eggs	Fish	Milk/Lactose	Peanuts	Sesame	Crustaceans	Soya	Nuts	Cereals containing gluten	Sulfites	Celery	Mustard	Lupine	Mollusks
Bread														
Italian White							X		Wheat					
Whole Grain							X		Wheat, Barley					
Cheese and Oregano			X				X		Wheat					
Multiseed							X		Wheat, Barley					
Mini Ciabatta	~		~		~		~		Wheat, Barley, Rye					
Gluten Free														
Classic Wrap									Wheat					
Meat, Chicken, Seafood, Eggs and Vegetable Burger														
Bacon														
Chicken Bites			~				~		Wheat					
Steak (Made with thin strips of filet, green pepper and onion)‡									Barley					
Chicken breast in strips‡														
Rotisserie Chicken														
Chicken Teriyaki					X		X		Wheat					
Taco Beef									Wheat					
Ham‡														
Pepperoni														
Salami														
BBQ Pork (with Barbecue Sauce)													X	
Meatballs (with Marinara Sauce)			X						Wheat					
Chicken Tikka			X						Wheat					
Tuna (with Light Mayonnaise)	X	X											X	
Turkey breast‡														
Vegan Steak							X		Wheat		X			
Roasted soy strips (T.L.C)							X		Wheat		~	~		
Omelette	X		X											
Vegetable products and cheese														
Sliced American cheese			X											
Cheddar cheese			X											
Mozzarella and grated Cheddar cheese			X											
Parmesan			X											
Mozzarella			X											
Jalapeños										X				
Olives														
Pickles														
Guacamole														
Fresh vegetables: lettuce, tomato, cucumber, green pepper and onion														
Condiments and sauces														
BBQ														X
Chipotle	X													X
Wholegrain Honey Mustard														X
Mustard														X
Mayo lite	X													X
Vegan Aioli														
Caesar Dressing	X		X				X							
Salsa Marinara														
Sweet Onion sauce														X
Ketchup														
Red Vinegar / Balsamic Vinegar										X				
Olive Oil														
Teriyaki Glaze					X		X		Wheat					
Crispy onions									Wheat					
Salt/ Peppercorns														
Snacks														
Doritos® Nachos			X				~		Wheat					
Waffle fries									Wheat					
Sweets														
Choc Chip Rainbow Cookie	X		X				X	~	Wheat					
Chocolate Chunk Cookie	X		X				X	~	Wheat					
Double Chocolate Vegan	~		~				X	~	Wheat					
Raspberry Cheesecake	X		X				X	~	Wheat					
White Chip Macadamia Nut	X		X				X	~ Macadamia nuts	Wheat					
Croissant	X		X				~	~	Wheat					
Glazed Donut	~		X				X	~	Wheat					
Drinks														
Dispensed drinks														
Coffee with Milk / Cappuccino			X											
Coffee			~											

‡ Made from pieces of meat.
 Although every care has been taken to remove bones from our meat and fish ingredients, some may remain.
 Although extra care has been taken to remove all olive stones, some may remain.