



Eat Fresh®

INFORMATION ABOUT ALLERGENS

All food is freshly prepared in our kitchen, and while we have established controls to minimize cross-contamination, many allergens are handled in the restaurant. Our vegan items are made with vegan recipes; however, they are not suitable for those with dairy and egg allergies.	X	Allergen contained in the product													
	~	May contain: the allergen is present at the manufacturing site of the ingredients and could contaminate the ingredient													
	Eggs	Fish	Milk / Lactose	Peanuts	Sesame	Crustaceans	Soy	Walnuts	Cereals that contain gluten	Sulfites	Celery	Mustard	Altramuz	Mollusks	
Bread															
Italian White							X		Wheat						
Wheat Bran Bread							X		Wheat, Barley						
Cheese and Spices			X				X		Wheat						
Multi-Seed							X		Wheat, Barley						
Gluten Free															
Classic Wrap									Wheat						
Meat, chicken, seafood, eggs and veggie burger															
Doner Style Chicken											X				
Bacon															
Chicken Bites			~				~		Wheat						
Steak (Made with thin strips of steak, green pepper and onion)‡									Barley						
Roasted Chicken															
Chicken Breast Strips‡															
Teriyaki Chicken					X		X		Wheat						
Ham‡															
Pepperoni															
Salami															
BBQ Pork (with BBQ Sauce)									Barley				X		
BBQ Pulled Pork (with BBQ Sauce)									Barley				X		
Meatballs (with Marinara Sauce)			X						Wheat						
Chicken Tikka			X						Wheat						
Tuna (with Light Mayonnaise)	X	X											X		
Turkey Breast‡															
Vegan Steak							X		Wheat		X				
Roasted Soy Strips (T.L.C)							X		Wheat		~	~			
French Omelette	X		X												
Vegetable products and cheese															
Sliced American-style cheese			X												
Cheddar cheese			X												
Shredded mozzarella and cheddar cheese			X												
Parmesan cheese			X												
Mozzarella			X												
Jalapeños										X					
Olives															
Pickles															
Guacamole															
Fresh vegetables: lettuce, tomato, cucumber, green pepper, and onion															
Condiments and Sauces															
Doner Sauces			X												
Barbecue													X		
Chipotle	X												X		
Honey Mustard													X		
Mustard													X		
Light Mayonnaise	X												X		
Vegan Aioli															
Caesar	X		X				X								
Marinara Sauce															
Sweet Onion Sauce													X		
Ketchup															
Vinegar										X					
Olive Oil															
Teriyaki Sauce					X		X		Wheat						
Crispy Onions									Wheat						
Salt / Peppercorn Blend															
Snacks															
Doritos® Nachos			X				~		Wheat						
Waffle fries									Wheat						
Sweets															
Chocolate chip and colorful candy cookies	X		X				X	~	Wheat						
Chocolate chip cookies	X		X				X	~	Wheat						
Salted caramel cookies	X		X				X	~	Wheat						
Double chocolate cookies Vegan	~		~				X	~	Wheat						
Cheesecake and raspberry chip cookies	X		X				X	~	Wheat						
White chocolate chip and macadamia nut cookies	X		X				X	~ Nut macadamia	Wheat						
Croissant	X		X				~	~	Wheat						
Donut Glaseado	~		X				X	~	Wheat						
Footlong Cookie	X		X				X	~	Wheat						
Drinks															
Drinks from the Dispenser															
Coffee with milk / Cappuccino			X												
Coffee			~												

‡ Made from pieces of meat.

Although every precaution has been taken to remove bones from our meat and fish ingredients, some may remain. Similarly, although special care has been taken to remove all olive pits, some may remain.

Our vegan ingredients may come into contact with non-vegan ingredients.

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